

SALIRING



- Saliring is a special training equipment for floorball players of all ages.
- Saliring is extremely high quality and durable, if you don't lose it, it will last you for many years
- We manufacture Saliring in the Czech Republic.
- Thanks to training with Saliring, you improve
 - BALL CONTROL
 - BALL CONFIDENCE
 - TRICKS
 - PASSING
 - SHOOTING QUALITY
- and thanks to improving these skills, you will also improve
 - SELF-CONFIDENCE

HOW TO TRAIN WITH SALIRING?

1. PUT SALIRING ON



OPEN UP



PUT ON



CLOSE UP

HOW TO TRAIN WITH SALIRING?

2.

FASTEN SALIRING



PASS THE DRY ZIPPER
THROUGH THE EYE



TIGHTEN UP



ATTACH DRY ZIPPER



HOW TO TRAIN WITH SALIRING?

3. TRAIN

- DRIBBLE, PASS, SHOT, TRAIN WITH SALIRING SIMPLY AS YOU ARE USED TO
- USE SALIRING AT HOME, DURING TRAINING, OR BEFORE A MATCH (Not during a match! 😊 That's where you want to show off what you've learned with Saliring)
- DURING TRAINING WITH SALIRING, YOU WILL FEEL THAT TRAINING IS MUCH MORE CHALLENGING
- **AFTER 1-2 MINUTES OF TRAINING** WITH SALIRING, TAKE OFF SALIRING, TRAIN WITHOUT IT FOR A WHILE AND WATCH HOW YOUR TECHNIQUE IMPROVES
- YOU WILL FEEL THE IMPROVEMENT IMMEDIATELY - BETTER SHOTS, BALL DRIVING, PASSES, TRICKS
- FOR MAXIMUM EFFECT, DO THE WHOLE PROCESS REGULARLY REPEAT - PUT ON SALIRING - TRAIN - TAKE OFF - AGAIN
- BE THE CHANGE

JAK TRÉNOVAT SE SALIRINGEM?



INSTRUCTIONS SALIRING



REVIEW SALIRING CZE



REVIEW SALIRING SWE